

# *Sida alnifolia*

**Synonyms** : *S. orientalis* Cav.

**Family** : Malvaceae

**Parts Used** : Root , Stem

## **Vernacular Names**

English : Sida (long leaved)

Malayalam : Vankurunthotti

Hindi : Jamglimethi

Sanskrit : Bala

Kannada : Seruparuva

Tamil : Kuruntotti

Telugu : Cirubendu



**Distribution and habitat:** Found throughout India.

**Botany:** An erect, woody, very variable annual or perennial undershurb about 1.5 m high with strong wiry flexuose branches with stellate hairs.

• **Leaves** : Short petioled, rhomboid – lanceolate to lanceolate, serrated towards the top.

• **Flowers:** Yellow or white, axillary, solitary or in pairs.

• **Leaves** : Reduced on the flowering branches.

• **Fruits:** Depressed, globose, schizocarp, enclosed within the calyx, separating in to one seeded indehiscent unit.

• **Seeds** : Black, smooth.

**Uses:** Used against tuberculosis, burning sensation, dipsia, leucorrhoea, strangury, febrifuge and dermatopathy.

**Propagation:** Seeds.

