

Justicia betonica L.

Family : Acanthaceae

Parts Used : Leaf, Bark, Root stalk

Vernacular Names

English : Justicia

Malayalam : Paduthamara



Distribution and Habitat: Found throughout India

Botany: A shrub, branchlets terete.

- **Leaves:** Elliptic or ovate-lanceolate, acuminate.
- **Flower:** Corolla white with purple strakes.
- **Fruit:** Capsule with a solid base.

Properties: Emetic, antiperiodic, insecticide

Chemical constituents: β -sitosterol

Uses: It is useful in fever, swellings, rheumatism, cough, dysentery

Formulations: Kizhi for external application

Propagation: By cuttings

