

Elephantopus scaber Linn.

Family : Asteraceae

Parts Used : Root , Leaf, Flower

Vernacular Names

English : Prickly leaved elephant's foot

Malayalam : Anachuvadi

Hindi : Gobhi

Sanskrit : Hastipadi

Bengali : Gajilata

Gujarathi : Bhopatahari

Kannada : Nayee nalige

Tamil : Anashovadi



Distribution and Habitat: Found throughout India, especially in dry localities.

Botany: A rigid herb, 45 cm tall, usually perennial with short root stock; stem dichotomously branched

• **Leaves:** Obovate- oblong, mostly radical forming a spreading rosette on the ground, hairy on both surfaces, 12.5- 20 cm long and 3.8-5.7 cm broad

• **Flowers:** Purple in heads, heads numerous, closely packed

• **Fruits:** Achene, pappus of 4-6 bristles dilated at the base.

Properties: Astringent, febrifuge

Chemical constituents: Epifriedelinol, lupeol, stigmasterol and a mixture of triacontan-1-ol and dotriacontan-1-ol. Sesquiterpene dilactone. Alcoholic extract contains antibiotic elephantopin

Uses: It is used in dysuria, intermittent fevers, bronchitis, hemorrhoids and hepatopathy, ophthalmopathy, swellings, cough and skin diseases

