

Cyathula prostrata (Linn.) Blume

Family : Amaranthaceae

Parts Used : Root

Vernacular Names

English : Small prickly chaff flower plant

Malayalam : Cherukadalady

Hindi : Lalcircita

Sanskrit : Raktapamargah

Tamil : Cirukatalati



Distribution and habitat: India.

Botany: A much branched slender prostrate or decumbent herbaceous annual or perennial rooting at the nodes and the ascending branches ending in inflorescence. Stems and branches violetish red.

- **Leaves:** Simple, opposite, exstipulate, short petioled, rhomboid or ovate, sub acute, up to 7cm long and 3.5 cm broad.
- **Flowers:** Reddish violet or violet in terminal spikes or racemes, 10-20 cm long.
- **Fruits:** Ovoid membranous, utricles enclosed in the perianth.
- **Seed:** Single, oblong, inverse.

Properties: Emetic, alexipharmic

Chemical constituents: ecdysterone, resveratrol, flavan-3-ol, rutin, catechin, kaempferol, Naringenin

Uses: Cough, wounds, ulcers, skin diseases, abdominal disorders, dyspepsia

Formulations: Surasadi tailam, Aviltoaldi bhasma

Propagation: Seeds.

